

## **Intramurals**

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Welcome to the SMSU Intramural website!

The purpose of this site is to give information and post results on Intramural athletics here at SMSU. The goal is to keep you updated and interested in the Intramural program. We are starting to organize the next league of Intramural sports, signups and information will be out shortly.

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### **FALL LEAGUES 2010!!! Register your team NOW!!!**

#### **SAND VOLLEYBALL:**

Games will be played on Tuesday and Thursdays on the Sand Volleyball Courts across from Sweetland Hall. The cost for each team member is only \$5.00. Games will be played from 4pm-7pm (depending on the number of teams that register). A mandatory captain's meeting will be held Wednesday, September 8th @ 8:30 pm in the Intramural Office (by the entrance of the RA). The meeting will cover rules, scheduling and entry fees will be collected. It is recommended that captains bring completed roster form and entry fees for their entire team to the captain's meeting.

#### **FLAG FOOTBALL:**

Games will be played on Monday and Wednesday nights on Old Matke Field. The cost for each team member is only \$10.00. Games will be played from 6pm-9pm. A mandatory captain's meeting will be held Wednesday, September 8th @ 9:00 pm in the Intramural Office (by the entrance of the RA). The meeting will cover rules, scheduling and entry fees will be collected. It is recommended that captains bring completed roster form and entry fees for their entire team to the captain's meeting.

#### **ULTIMATE FRISBEE:**

Games will be played on Sunday nights on Old Matke Field. In the event of bad weather or wind the RA Center will be available to move indoors. Cost per team is ONLY \$20.00 (not individually but a team cost). Games will be played from 4pm-6pm. A mandatory captain's meeting will be held on Wednesday, September 8th @ 9:30pm in the Intramural Office (by the entrance of the RA). The meeting will cover rules, scheduling and TEAM entry fee will be collected. It is recommended that captains bring completed roster forms and Team Entry Fee to the capatin's meeting.

#### **OPEN GYM:**

Open gym will be held in the RA Facility every Monday, Tuesday, Wednesday, Thursday and Sunday nights from 8-11pm.

**[September 2010 Intramural & Open Gym Calendar](#)**

#### **Intramural Links:**

**Print, Fill Out, & Turn In...Or Email It Back To Us!!**

- [Roster Forms](#)
- [Rules](#)
- [League Schedules](#)
- [Results](#)
- [Employment Opportunities](#)
- Pictures

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Date Last Modified: 08/27/2010